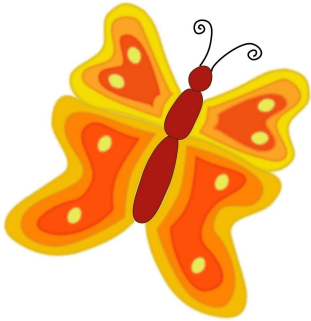


MOVEMENT April 29- May 6, 2020

Have a dance party with your family!



*See videos by Ms. Sant at <http://mcdonaldmovement.weebly.com/>, click on Our Work and scroll down to your grade level



5th and 4th Grades: choose 6 action words, for example: Push, jump, run, fly, float, and balance. Now create a combination of movements that go from light to strong inspired by the words you chose. Once you have created your dance do it facing different directions.



3rd Grade: draw on a piece of paper a line. Now on different parts of your line add shapes these can be circles, squares, triangles, or any shape you can come up with. Your line can have curves, zigzags, circles, or straight parts. Now for every shape on your line create movements. Create more movements for the parts of the lines between shapes. At the end, you should have a short dance based on the picture you drew.



Kindergarten and 1st Grade: imagine gluing three body parts to the ground, and create a shape in this way. Glue five body parts to a wall. Glue four parts to a chair. Glue two parts from your upper body and two from your lower body to a wall. Explore the different shapes that your body makes when it is glued in different places.